

ASA / UKCC Level 2 Certificate in Teaching Aquatics

COURSE TITLE **ASA / UKCC Level 2 Certificate in Teaching Aquatics**

THE LAST STEP TO BECOME A SWIMMING TEACHER

This is the industry standard for those who wish to teach unsupervised and is essential for seeking employment as a swimming teacher. Once qualified, the holder will be able to teach groups of participants of a range of abilities utilising the ASA National Plan for Teaching Swimming (or equivalent).

PRE-REQUISITES

Candidates must be 17 years or older at the start of the course. Furthermore all the candidates who want to become a swimming instructor must hold at least one of the following:

- **ASA/UKCC Level 1 Certificate for Teaching Aquatics**
- **ASA Level 1 Certificate for Teaching Swimming post 2002**
- **ASA Assistant Teacher Certificate (Swimming) post September 1994**
- **STA (Swimming Teachers Association) Certificate post September 1994**

COURSE CONTENT

The ASA Level 2 course is made up of 6 units, you will need to arrange to complete four sessions of Unit 6 off course at a workplace or local leisure centre.

- Units 1 to 3** This is common to all ASA disciplines and focuses on how to teach/coach including Health & Safety, Principles of Teaching/Coaching and Sports Science.
- Units 4 & 5** These two units focus on Teaching Aquatics covering a range of technical knowledge and practical skills that will qualify the teacher to plan, deliver and evaluate a series of consecutive sessions within the context of a self prepared scheme of work.
- Unit 6** This unit is discipline specific and enables aquatic teachers to demonstrate various specific competencies already assessed in Units 1 - 5. Candidates must demonstrate the ability to plan, deliver and evaluate a minimum of 6 sessions (30 minutes minimum duration each.) Two of the sessions will take place on course, the other four sessions will be arranged by you and must be consecutive and progressive and be with one group of participants.

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